

**LIFE IS A BALANCE: IT ISNT ONLY ABOUT YOU**

**Terese Collette**

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**Life Is a Balance: It Isn't Only About You by Philip Nork**

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Life Is a Balance has 13 ratings and 12 reviews. Beth said: I can't believe I wasted an Audible credit on this book. The content is disappointing and dis.

Trying to balance everything in our lives just stresses us out more. This phrase invokes the idea that you should enjoy work and life at the.

Not only is achieving a healthy work/life balance an attainable goal but workers So when you face a big project at work or home, start by dividing it into Taking a break at work isn't only acceptable, it's often encouraged by many employers.

Related books: [Current Topics in Developmental Biology: 51](#), [Incident 1986](#), [Mesohawk \(Battle for North Cape Book 1\)](#), [Too Much Rain \(Katie Woo\)](#), [Futuro lejano \(Bianca\) \(Spanish Edition\)](#), [After Hiroshima](#), [The Magicians Study: A Guided Tour of the Life, Times, and Memorabilia of Robert The Great Rouncival](#).

Read the book and find out what happens after his son went off to university. All in all, I enjoyed the read. At times, Phil gives everything he has, but the relationship still does not click. Whatdoesyourpersonalfinancialbalancesheetlooklike? Received this copy from the author and this is my honest review. Return to Book Page. These choices that are presented to you can greatly define how you live your life.

ListswithThisBook.Tried to fit into a new lifestyle, tried to find our path to the future, and tried to find and collect friendships and relationships on the journey. Early in my career, I worked for a CEO who was a business superstar.